

**NJ DIVISION OF DISABILITY DETERMINATION SERVICES
ACTIVITIES OF DAILY LIVING QUESTIONNAIRE**

CLAIMANT'S NAME: _____

ADDRESS: _____

SOCIAL SECURITY NUMBER.: _____

If you need additional space for an answer, please use the back of the form and note the item number, for example, IIA.

I. GENERAL INFORMATION

A. Do you live alone or with others? If you do not live alone, with whom do you live?

B. Please describe how you spend a typical day.

II. ACTIVITIES

PLEASE DESCRIBE HOW YOU FUNCTION IN EACH OF THE FOLLOWING AREAS AND HOW OFTEN YOU PERFORM EACH ACTIVITY. IF YOU NEED HELP, WHAT KIND OF HELP DO YOU NEED AND WHO HELPS YOU?

A. SHOPPING _____

- B. PREPARING MEALS** (cooking, using kitchen appliances, etc.) _____
- _____
- _____
- _____
- _____
- C. HOUSEHOLD MAINTENANCE** (cleaning, taking out garbage, vacuuming, washing dishes, doing household repairs, gardening, etc.) _____
- _____
- _____
- _____
- D. MONEY MANAGEMENT** (paying bills, rent, checking account, etc.) _____
- _____
- _____
- _____
- _____
- E. TRANSPORTATION** (driving, taking public transportation, able to travel alone?) _____
- _____
- _____
- _____
- _____
- F. SOCIAL/RECREATIONAL ACTIVITIES** (reading, watching TV, hobbies, clubs, visiting friends and relatives, religious activities, etc.) _____
- _____
- _____
- _____

- III. A. Do your illnesses, injuries, or conditions affect your walking?** ☐ Yes ☐ No
If yes, answer questions 1 and 2.
1. How far can you walk before you have to stop and rest? _____
2. How long do you rest before you can continue walking? _____
- B. Do your illnesses, injuries, or conditions affect the use of your arms or hands?** ☐ Yes ☐ No
If yes, explain how your illnesses, injuries, or conditions affect any of the following:
Lifting, reaching, using your hands.
- _____
- _____
- _____
- _____

- IV. A. Are you supposed to take medication for your illness?** ☐ Yes ☐ No
- B. If yes, do you take your medication regularly?** ☐ Yes ☐ No
- a. If you answered YES to A or B, note what kind of medication and who prescribed it (name and telephone number of doctor or clinic).
- _____
- _____
- _____
- _____

V. PLEASE GIVE US NAMES OF TWO PEOPLE WE MIGHT CONTACT IF WE NEED MORE INFORMATION ABOUT YOUR DAY-TO-DAY LIFE:

Name	Relationship	Address	Telephone
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

VI. USE THIS SPACE TO TELL US ANY OTHER THINGS WE SHOULD KNOW ABOUT YOUR CONDITION. _____

DID ANYONE HELP YOU FILL OUT THIS FORM? [] Yes [] No

If yes, please explain how.

THE INFORMATION GIVEN IS TRUE AND ACCURATE TO THE BEST OF MY KNOWLEDGE.

(Signature)

(Date)